

MONDAY (REPEAT 3 TIMES)

I AM POWERFUL!

I AM STRONG!

I AM INTELLIGENT!

I AM CAPABLE!

I HAVE ENERGY TO BURN!

I AM WITHOUT LIMITATION!

GOD LOVES ME!

TODAY I ACCEPT ALL THE GOOD THINGS THE UNIVERSE
SENDS MY WAY!

I CAN DO ANYTHING!

TUESDAY (REPEAT 3 TIMES)

I HAVE EVERYTHING IN ME FOR SUCCESS!

I AM A GREAT PUBLIC SPEAKER!

I AM A GREAT COMMUNICATOR!

PEOPLE WANT TO HEAR WHAT I HAVE TO SAY!

I CONNECT WITH PEOPLE!

PEOPLE LOOK UP TO ME!

WHEN I TALK PEOPLE LISTEN!

I AM A LEADER!

WEDNSDAY (REPEAT 3 X)

NOTHING CAN STOP ME

I ACHIEVE ALL OF MY GOALS

GOD IS WITH ME

MY CHILDREN LOVE ME

I AM UNIQUE AND VALUABLE

I MAKE THE WORLD A BETTER PLACE

NOTHING COMES BETWEEN ME AND MY GOALS

I DON'T HAVE TO BE GREAT TO GET STARTED, BUT I
HAVE TO GET STARTED TO BE GREAT

MY ENERGY GOES BEFORE ME

THURSDAY (REPEAT 3X)

I AM A CHILD OF GOD

MY DESTINY LIES BEFORE ME, MY LEGACY BEHIND

I AM A LEADER

I AM WHO I WAS MEANT TO BE

I AM PERFECT JUST THE WAY I AM

I AM BEAUTIFUL

I DESERVE A HAPPY LIFE

NOTHING IS OUTSIDE OF MY REACH

ALL THINGS ARE POSSIBLE

TODAY I WILL BE THE BRIGHTEST SPOT IN SOMEONE'S
DAY

THE UNIVERSE IS MINE

I AM MADE OF STARDUST

FRIDAY (REPEAT 3 X)

I DID A GREAT JOB THIS WEEK!

I DESERVE A GREAT WEEKEND!

I DESERVE A FANTASTIC WEEKEND!

I HAD A WONDERFUL WORK WEEK!

I AM PRODUCTIVE

I AM DESTINED FOR SUCCESS!

I AM A GREAT ASSET TO MY ORGANIZATION!

MY STRENGTH IS GREATER THAN ANY STRUGGLE!

I AM WORTHY OF LOVE AND RESPECT!

I AM PROUD OF MYSELF AND ALL THAT I HAVE
ACCOMPLISHED!