

**"Habits of Mind are the characteristics of what intelligent people do when they are confronted with problems, the resolutions of which are not immediately apparent." (Costa)**



### **Persistence**

Stick to it! Persevering in task through to completion; remaining focused. Looking for ways to reach your goal when stuck. Not giving up.



### **Managing Impulsivity**

Take your Time! Thinking before acting; remaining calm, thoughtful and deliberative.



### **Listening with Empathy and Understanding**

Understand Others! Devoting mental energy to another person's thoughts and ideas; make an effort to perceive another's point of view and emotions



### **Thinking Flexibly**

Look at it Another Way! Being able to change perspectives, generate alternatives, and consider options



### **Thinking about your Thinking: Metacognition**

Know your knowing! Being aware of your own thoughts, strategies, feelings and actions and their effects on others.



### **Striving for Accuracy**

Check it again! Always doing your best. Setting high standards. Checking and finding ways to improve constantly.



### **Applying Past Knowledge**

Use what you learn! Accessing prior knowledge; transferring knowledge beyond the situation in which it was learned.



### **Questioning and Posing Problems**

How do you know? Having a questioning attitude; knowing what data are needed and developing questioning strategies to produce those data. Finding problems to solve

Costa, A. and Kallick, B. (2000) *Habits of Mind. A Developmental Series*. Alexandria, VA: Association for Supervision and Curriculum Development



### **Thinking and Communicating with Clarity and Precision**

Be clear! Striving for accurate communication in both written and oral form; avoiding over generalizations, distortions, deletions and exaggerations.



### **Gathering Data through All Senses**

Use your natural pathways! Pay attention to the world around you Gather data through all the senses. Taste, touch, smell, hearing and sight



### **Creating, Imagining & Innovating**

Try a different way! Generating new and novel ideas, fluency, originality



### **Responding With Wonderment and Awe**

Have fun figuring it out! Finding the world awesome, mysterious and being intrigued with phenomena and beauty. Being passionate.



### **Taking Responsible Risks**

Venture out! Being adventuresome; living on the edge of one's competence. Try new things constantly.



### **Finding Humor**

Laugh a little! Finding the whimsical, incongruous and unexpected. Being able to laugh at oneself.



### **Thinking Interdependently**

Work together! Being able to work in and learn from others in reciprocal situations. Team work.



### **Remaining Open to Continuous Learning**

Learn from experiences! Having humility and pride when admitting we don't know; resisting complacency.